

Your Heart. Your Heart Tracker.

Did you know: Black adults have a greater risk of high blood pressure than any other group, putting them at higher risk of death from heart disease.¹ In addition, heart disease is one of the leading causes of death among all Americans.²

The Hello Heart app is an easy way to track, understand, and manage your blood pressure and cholesterol, and it comes with a **free Hello Heart monitor** shipped directly to your door.



Sign up for free

Click above or go to join.helloheart.com and enter **Lenovo** to get started.

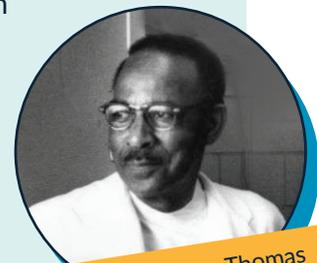


Black doctors have been making historic medical contributions to heart health for nearly 150 years, saving countless lives.

1893: Dr. Daniel Hale Williams performed the first successful open-heart surgery

1944: Dr. Vivien Theodore Thomas, pictured below, aided in the milestone blue baby surgery to correct a congenital heart defect

2004: Dr. Elizabeth Ofili led advancements in heart failure treatment



Dr. Vivien Theodore Thomas

Hello Heart is not a substitute for medical care. Talk to your doctor to make sure you are diagnosed and treated properly. ¹<https://my.clevelandclinic.org/health/articles/23051-ethnicity-and-heart-disease>

²<https://www.cdc.gov/heartdisease/facts.htm#:~:text=Heart%20disease%20is%20the%20leading,groups%20in%20the%20United%20States.&text=One%20person%20dies%20every%2033,United%20States%20from%20cardiovascular%20disease.>